



NPHA Newsletter July, 2016



“In the truest sense, freedom cannot be bestowed; it must be achieved.” ~Franklin D. Roosevelt

NPHA Board of Commissioners:

Mark Peniska - Chair, Dist. 3; **Pam Noyes** – Vice Chair, Dist. 2;
JoAn Ehlers - Secretary, Dist. 1; **William Wright** - District 4;
Conceta Zephier - Treasurer, At Large

The NPHA ROSS Program

Service Coordinator, Maureen Leathers, will work with NPHA staff, other tribal departments, and outside service providers to connect tribal residents to supportive services that will help them attain economic and housing self-sufficiency. The ROSS Service Coordinator will focus particularly on helping residents to achieve homeownership and to receive the training necessary to achieve employment.

The July Quarterly Meeting will be held on Sunday, July 10, 2016 at the Embassy Suites Omaha-La Vista Hotel & Conference Center 12520 Westport Parkway, La Vista, NE 68128 in the Sugarloaf room. Visitors are welcome to all Board of Commissioner meetings. To be on the NPHA Board Meeting Agenda, contact Tara Remsing at the NPHA office or email to tara@poncahousing.org

Be watching the newsletter for upcoming ROSS Events

- Home Ownership Classes (for youth and adults – all areas)
- Living by Design Assessments (learn what your natural, God-given gifts and talents are so you can pursue a career in that area)

NPHA recently added income deductions for child care and excessive work and/or school travel. If your family has out of pocket expenses for child care in order to be gainfully employed, and don't receive any kind of assistance in receiving these services, you may be eligible to have your monthly rent reduced. If you travel more than 60 miles round trip in a day for work and/or school, and don't get paid based on miles travelled, you may also be eligible for a rent reduction. Contact your A&O Counselor for more information.

Recipe of the Month

Energy Balls

*1 cup Peanut Butter *1 cup Honey *2 cups Quick Oatmeal
*1/3 cup Chia Seeds *1/3 cup Flax Seeds
Mix together, form into balls and keep in refrigerator. They will stay good for 2 weeks.

July Maintenance Tips from

<http://thehtrc.com/2010/july-summer-home-maintenance-checklist>

- ❖ Change your furnace filter
- ❖ Vacuum all vent covers, cold air returns and refrigerator coils
- ❖ Clean out your dryer vent
- ❖ Clean ceiling fan blades
- ❖ After storms, check for damage that may have resulted to property (siding, gutters, water not draining, roof, etc.) and notify NPHA of damages.
- ❖ Keep mowing and weedeating your yard
- ❖ Keep weeds and debris cleaned out of landscaping
- ❖ Report all damages to NPHA immediately
- ❖ **Fireworks safety – every year fires are started and people are injured due to improper use of fireworks – for some safety tips & rules by State, you can visit <http://www.fireworksafety.com/>**



NPHA wants to prepare and empower our future homeowners for the road ahead of them!!!

If you are interested in becoming a homeowner today or someday, call NPHA and talk to Maureen today to learn about our programs for future home owners! **402.379.8224**

PTN YOUTH CAMP

The PTN Youth Camp for ages 9-18 will be held in Niobrara July 17-20.

There will be: *Crafts *Nature Hikes *A Float Trip

*Buffalo Viewing *Games and More!

Please call Hilary Farley at 402.438.9222 for more information

Summer Activities for Youth & Families

YMCA Camps <http://www.ymca.net/find>

Kids Bowl Free Summer Program <http://www.kidsbowlfree.com/>

Husker Kids and Adventure Summer Camp

<http://crec.unl.edu/youth/camps>

The Zone (Norfolk, NE) <http://www.thezoneafterschool.com/>

Recreation Summer Day Camps (Lincoln, NE)

<http://lincoln.ne.gov/city/parks/programs/daycamps/>

Reading Programs:

<http://nlc.nebraska.gov/youth/summerreading/#Manuals>

Parks: <http://outdoornebraska.gov/placestogo/>

Museums: <http://www.nebraskamuseums.org/>

County Fairs: <https://www.nebraskafairs.org/>

Sioux City: <https://www.sioux-city.org/recreation>



America –
Land of the Free
Home of the Brave

Thank The Lord and a war veteran today
for the freedom you have!

John 8:36

Therefore if the Son makes you
free, you shall be free indeed.