



# NPHA Newsletter November, 2017



We will be known forever by the tracks we leave.

– Dakota

## **NPHA Board of Commissioners:**

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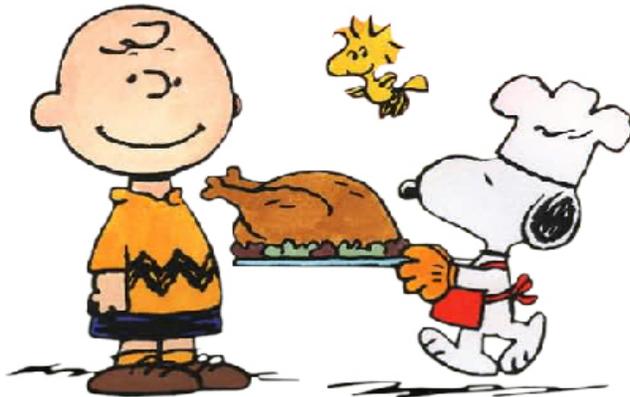
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The November BOC Meeting will be held at 9:00AM on Saturday, November 4<sup>th</sup> and at the Marina Inn Hotel& Conference Center, 385 E 4<sup>th</sup> St., South Sioux City, NE. Visitors are welcome to all Board of Commissioner meetings. To be on the NPHA Board Meeting Agenda, contact Angelica De Anda at the NPHA office or email [angelica@poncahousing.org](mailto:angelica@poncahousing.org)



# Happy Thanksgiving from the gang at NPHA!!

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## New Phone System at NPHA

NPHA is in the process of switching over to our new phone system so please be patient with us as we adjust to the changes. Here are some things that you should know about the new system:

1. When you call in there will be a list of options you will have. You can either choose the person's extension that you want to speak to, or you can choose "0" to speak with the operator.
2. If you choose a certain person's extension and they do not pick up, you will have the option to leave a voicemail or choose "0" to speak to the operator.
3. Please don't leave a voicemail if you have a maintenance emergency.
4. The same rules apply for after-hours maintenance emergency calls.

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A day of worry is more exhausting than a week of work. ~John Lubbock

Worrying about money is an epidemic. But, worrying changes nothing. In fact, it is sin. Jesus tells us In Matthew 6 not to worry about *anything*. But Americans are REALLY stressed over their bank accounts! In fact, a [new study from CreditCards.com](#) reveals that 65% are losing sleep because of their financial state. Fortunately, there is hope.



The writer of Proverbs 21:5 declares, "The plans of the diligent lead to profit as surely as haste leads to poverty. [www.blog.crown.org](http://www.blog.crown.org)

### **Dedicate time to pray and humbly seek God's will**

- Meditate on His goodness; praise Him with a thankful heart.
- Confess your sin and ask for direction.
- Give your anxiety to Him and resolve not to take it back.
- Live one day at a time and appreciate the blessings all around you.
- Attempt to live in joyful anticipation of God's provision and loving care.

Likewise, Proverbs 3:5-6 states, "Trust in the Lord with all your heart, lean not on your own understanding. In all your ways acknowledge Him and He will direct your paths."

**Take Career Direct** This is a wonderful assessment that helps you understand how God specifically and uniquely made you. It also saves you money and reduces stress by helping you understand how your personality, skills, interests, and values work together. Call Maureen for more information.  
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### **Are YOU interested in becoming a homeowner?**

NPHA is SERIOUS about selling some of our eligible NAHASDA units. Not all of our units are eligible to be sold so if you are interested, contact Maureen today to see if your unit qualifies! If your unit is not eligible or you are interested in purchasing one of NPHA's other eligible units you need to become mortgage ready! Program details will be available soon! Contact NPHA today to let us know that you are interested and we will tell you how to get started.

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## 6 Common Spending Triggers to Watch Out For:

Crown.org

1. Alcohol or hunger can lower inhibitions and cause people to buy and regret it later.
2. Emotional turmoil causes people to spend in an effort to gain control and feel happy; but the short-term gratification won't last long.
3. Loneliness leads to purchases that temporarily medicate but a journal of Consumer Research paper says there's a "loneliness loop" in which materialism and loneliness create a self-reinforcing cycle.
4. There's the reward yourself mentality and keeping up with the Jones's trap.
5. Convenience or quick fixes add up in food, maid service, laundry or yard work.
6. A raise or tax refund justifies splurges on cars, vacations, or even homes.

If you know your trigger, you need to put on the full armor of God to withstand temptations. Avoid going where you know you'll spend money. Pick up a book or find a productive way to spend free time rather than hopping on the computer or your phone.

Check your emotions. When did you last thank God for who He is and what He has done for you? Are you seeking satisfaction from people or things rather than the only One who can truly satisfy?

Set your mind on things above not on things that are on the earth. You will find that your heart becomes satisfied with the riches of Christ that are of much greater value than the things of this world.

### Getting Prepared for Winter!!

- Please don't forget to change your furnace filter each month!
- Now is the time to drain your garden hose and store it away for winter along with outside toys, planters and furniture.
- Give your lawn one final short mowing for the winter season

### November Recipe of the Month

#### Butternut Squash Soup

2 tablespoons butter  
1 stalk celery, chopped  
2 medium potatoes – peeled & cubed  
1 medium butternut squash - peeled, seeded, and cubed  
1 (32 fluid ounce) container chicken stock  
Salt and freshly ground black pepper to taste

1 small onion, chopped  
1 medium carrot, chopped

Melt the butter in a large pot, and cook the onion, celery, carrot, potatoes, and squash 5 minutes, or until lightly browned. Pour in enough of the chicken stock to cover vegetables. Bring to a boil. Reduce heat to low, cover pot, and simmer 40 minutes, or until all vegetables are tender. Transfer the soup to a blender, and blend until smooth. Return to pot, and mix in any remaining stock to attain desired consistency. Season with salt and pepper.

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## **Looking for a new job?**

Are you preparing for an interview?

Viewing work as an opportunity to glorify God should motivate us to prepare well for an interview in the hopes of being remembered at hiring time.

Consider these tips for making a great impression at your first interview.

1. Eye contact, a firm handshake, and good posture are essential.
2. Dress nicely, professionally and modestly. You should avoid distracting jewelry, hairdos, or strong perfume/cologne.
3. Be aware of your body language! Sit up straight, lean slightly forward and keep your shoulders and hands relaxed. Don't cross your arms or legs or slouch.
4. Use mild hand gestures when you speak and remember to slow down if you're nervous.
5. Come alert and prepared.
6. Arrive 10-15 min early with extra copies of your resume.
7. Research the company and industry (and the interviewer if possible). This will help you demonstrate interest with informed answers and pertinent questions.
8. Before your interview, practice explaining what attracts you to the company, how the position fits your career desires, and how the work of company leaders inspires you. Where you see yourself in 2-10 years? You should be able to articulate your strengths and weaknesses without hesitation. Remember to take notes.
9. Be humble and have a good attitude. Appearing arrogant or too eager says you may be hard to manage, so listen well and do not interrupt.
10. Show appreciation to the interviewer. If the job they're interviewing you for doesn't work out, he or she could still be the link to another company and you may cross paths in the future.
11. Write and mail a thank-you note within 24 hours (use professional, simple stationary). If you can't mail one, at least email one.

Your culture, skills, and personality simply may not fit the company. See a setback as God's protection and keep looking. [Crown's Career Direct Assessment](#) can help you find the job that suits you best. It will help you understand how God created you. And it works for anyone - from high school students deciding on a college major to adults late in their career looking for a change. Contact Maureen at NPHA to learn more.

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**AMERIND Risk**

*Tribes Protecting Tribes*



# 2018 Safety Poster Contest

Three Grade Categories

K-3 4-6 7-8

The AMERIND Risk Safety Poster Contest is coming up. The NPHA encourages children in grades K-3, 4-6, and 7-8 to draw a “Safety Poster.” Contestants should submit a poster that promotes any safety issue (examples: fire, distracted driving, home fire escape plan, how to call 9-1-1, etc.) You could win \$1,000!

1. Contact Maureen at NPHA (402) 379-8224 to get an entry form or go to [www.amerindrisk.org/poster-contest](http://www.amerindrisk.org/poster-contest) and print one
2. Fill out the entry form and draw your poster on the back
3. Submit your Safety Poster to NPHA before December 31, 2017
4. NPHA will submit finals to Regional Housing Association for regional judging
5. Announcement of winners will be at the 2018 AMERIND Risk National Convention & Tradeshow in May, 2018

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